

CLUB & ORGANIZATION NEWS

Alpha Delta Phi

The Alpha Delta Phi sorority met Feb. 7 for a regular meeting at the home of Sylvia Rocka with President Jeri Lou Shindler presiding.

She read a thank you note from the Study Club for the sorority's donation to their auction.

Jennifer Obenhaus was to make tray favors for Feb.

Rosebud Mary Kay Cook reminded members of birthday and anniversary dates. Members gave their thank yous for gifts received.

They voted for Lady of the Year then President Shindler reminded everyone of the upcoming Founder's Day April 30 at Sportsman's Catering.

Sylvia gave a program on the care and pruning of roses. Refreshments were served after the meeting.

Feb. 21, the meeting was held at Jeri Lou's home with Denise Cook giving the program on back rehabilitation.

A thank you note was read for the plant sent in memory of Penny Henske's father-in-law.

Program chairman Connie Gertson reported the next meeting would be at the home of Charlene Rodgers who would also give the program.

Denise reminded members of upcoming birthdays and anniversaries and thank yous were said for gifts.

The Lady of the Year was to be March 26 from 10 to 11:30 a.m. at the home of Ernie Sommerlatte. Refreshments were served following the meeting.

March 7, the club met at the home of Charlene Rodgers who also gave the program "A Perspective on

Self". Members were reminded of the Lady of the Year Tea March 26 and Founder's Day April 30.

An ice cream social is also planned during April.

New officers are to be elected March 21.

Rosebud Mary Kay reminded members of birthday and anniversary dates and to bring Easter gifts to the next meeting. Thank yous were said.

Refreshments were served after the meeting.

March 21, sorority members met at the home of Sheila Matthis.

President Shindler read a letter from the Revitalize Eagle Lake Committee thanking the group for donations to the swimming pool. A thank you note was also read from Janice Obenhaus.

Tray favors for March, April and May will be made by Katrina Kohlefel. The next meeting was set April 4 in the home of Robin Thomas with Jeri Lou giving the program.

The April social is an ice cream social for members and their children. Rosebud Mary Kay reminded members of birthdays and anniversaries. Thank yous were expressed.

New officers for 1994-95 were elected. They will be President Robin Thomas, Vice President Denise Cook, Treasurer Ann Brune, Recording Secretary Sylvia Brune, Corresponding Secretary Sheila Matthis and Extension Officer Penny Henske.

Sheila presented a program on Fashions of the Stars. Members then enjoyed a social time.

Extension Homemakers return from East Coast trip

A group of 118 Extension Homemakers and their families returned to Texas from a 10 day tour of the east coast.

Lucille Till and Irene Skuca from the Garwood/Nada club were among the group.

The group was made up of three buses from Victoria, San Antonio and the Dallas-Amarillo area. They traveled through Little Rock, Ark., and took a riverboat ride, then on to Knoxville, Tenn.

They went to the 4-H Center in Chevy Chase, Md.; Mt. Vernon, George Washington's home in Virginia; and Old Towne Alexandria.

The tour took them to Washington, D.C. for tours of the Capitol, White House, Arlington National Cemetery and the Kennedy gravesite. The Bureau of Engraving and Printing, FBI, Old Post Office Pavilion and the Ford Theater where Lincoln was shot.

They also saw the Washington National Cathedral, Botanic Gardens and Smithsonian Museums. The night view of the Jefferson and Lincoln Memorials was outstanding. The National Archives where the Bill of Rights, Constitution and Declaration of Independence are kept was also on the tour.

The homemakers group had an evening at the Alton Auditorium and at Toby's Dinner Theater.

The cherry blossoms were late this year but the trip was enjoyed by all. They returned home Easter weekend.

Xi Pi Psi

The members of Xi Pi Psi met April 5 at the home of President Ernie Sommerlatte.

She read a thank you note from the 1994 Lady of the Year, Louise Bruner.

New committee members were named with Anna Mae Wiese serving as program chairman and Pat Cook as social chairman. Cook is the current extension officer also. The officers were elected last month.

Dot Kingsley is to chair the Springtime Window Painting Contest. She is working on creating more interest and participation in this contest.

Members voted by secret ballot for Xi Pi Psi Girl of the Year. The scholarship recipient for Rice High School and the alternate were also voted on. The club made donations to the Knights of Columbus as a hall dona-

Bluebonnets named for Barbara Bush, get long stems

A new shade of lavender bluebonnet has been named for former First Lady Barbara Bush.

In a separate bluebonnet project, the hardy blue state flower has been bred for florist use.

The Barbara Bush Bluebonnet—*Lupinus texensis Barbara Bush*—is the result of research by Dr. Jerry Parsons, professor and horticulture specialist with the Texas Agricultural Extension Service at Texas A&M in College Station.

Parsons started working on his project in 1982 to help renowned Texas native plant authority Carroll Abbott achieve the dream of planting red, white and blue bluebonnets in the design of the Texas flag for the 1986 Texas Sesquicentennial.

Abbott did not live to see his dream come true, but the project has continued with astonishing results, Parsons said. Assisted by other horticulturists and seed and plant producers and farmers, the bluebonnet wildflower has been domesticated into a new multimillion dollar bedding plant industry. The bluebonnet now comes in an array of colors.

The Barbara Bush Bluebonnet seeds will be available for landscape design at the George Bush Presidential Library Center on the Texas A&M University campus.

The research project has resulted in bluebonnet plants with several non-traditional colors including pink, white and the lavender, noted James Johnson, horticulture senior lecturer in floral design at A&M.

For the traditionalists who believe the bluebonnet should only be blue, Parsons commented, "the additional colors such as the pink and white, that have existed in nature for hundreds of years are now being isolated and purified. No plant breeding or genetic manipulation of the bluebonnets has been done except by God."

The bluebonnet has been undergoing other breeding efforts to make the native blue wildflower more useable in the floral market. Dr. Wayne Mackay, horticulturist who specializes in arid ornamentals, noted there is a gap in blue flowers that can be used in the cut flower market for floral arrangements.

Mackay has been working on breeding a long stemmed version of the bluebonnet while Dr. Tim Davis, plant physiologist in Dallas has studied the flower's ability to withstand the rigors of shipping and handling.

The floral bluebonnet stems from a tall variety found in the Big Bend area of Texas, Davis noted. Using seeds collected from these plants several years ago, Mackay and Davis began growing and selecting plants to meet the special market expectation.

The cut flower has to look good in a vase and avoid wilting for at least five to seven days, said Davis. Standard roses and carnations last up to 10 days. The cut flowers have to withstand shipping in a dry, cool environment (See Bluebonnets, Page 9)



Source: Texas Agricultural Experiment Station Graphic: Agricultural Communications, The Texas A&M System

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Anabolic Steroid Use by Male Athletes

Body builders and other athletes in recent years have shown interest in a group of prescription drugs called anabolic steroids. These drugs, which also are referred to as "male hormones," are used to increase muscle mass, improve strength, and provide more power. They are synthetic derivatives of the naturally occurring male hormone testosterone. Legitimate medical uses for anabolic steroids include male hormone deficiency and breast cancer.

Athletes who use anabolic steroids claim that they promote muscle mass growth. While muscle development may be seen with large doses in men, the same is not always true in younger boys. Others have claimed that these drugs increase blood volume and the concentration of hemoglobin in the blood, increasing the capacity of the blood to deliver oxygen to working muscles. Researchers have shown this effect to be rather small and unreliable. And the results of studies regarding the effects of these drugs on aerobic capacity, increased athletic performance, and body composition changes have been mixed.

Health experts are concerned about the adverse effects associated with anabolic steroid use. Men may experience testicular atrophy, impotence, decreased production of sperm, and breast enlargement. Changes in liver function, cirrhosis, and liver cancer have been reported.

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SPORTS

Rice seventh grade girls take third in district track

The Rice junior high girls track teams competed at the district meet Saturday, April 9, in Bellville.

The seventh grade girls earned third place with 115 points. They had four first places in individual events. Jennifer Christ got two of those medals for 300m hurdles and long jump. The other two were made by Tierra Wright in the 100m hurdles and triple jump.

The eighth grade girls placed sixth with 37 points. Amy Obenhaus earned a first place for the 100m hurdles. Only four members of the eighth grade team competed at the district relays.

Eighth grade results:
400m relay: Deann Meehan, Amy Obenhaus, Sha Sewell, Chazara Scott, 56:25, fourth.
100 dash: Scott, 13:57, sixth.
200m run: Scott, 30:35, fourth.
100m hurdles: Obenhaus, 17:15, first; Meehan, 18:28, sixth.
300m hurdles: Obenhaus, 56:93, third; Meehan, 59:66, sixth.
Discus: Obenhaus, 77'6", second.

200m run: Lemons, 31:66, fifth.
100m hurdles: Wright, 16:85, first; Bedford, 17:36, third; Christ, 17:45, fourth.
300m hurdles: Christ, 54:44, first; Canaris, 59:89, fourth.

The seventh and eighth grade boys traveled to Bellville April 9 for the district track competition.

The seventh grade boys placed fifth overall with 38 points and the eighth grade boys were sixth with 60 1/2 points in their division.

The eighth graders got two first place medals.
Hollis Shorter earned a first for the 300m hurdles and Nicholas Teague placed first in the 1600m run.

Seventh grade results:
2400m run: Ricardo Vargas, 9:21:57, fourth; T. Marsalia, 10:14:55, seventh.

This Week's Action!

Fri.-Sat., April 15-16 Raider Track at Sealy, District Meet*
Mon., April 18 7th Grade District Tennis Meet, Rice High School
Tues., April 19 Raider Varsity Baseball vs. Smithville*, Here, 6 p.m.
Wed., April 20 8th Grade District Tennis Meet, Rice High School
Fri., April 22 Raider Varsity Baseball vs. Hallettsville*, Here, 6 p.m.
*District competition

Rice junior high boys compete in district track meet

This was the final meet for track season. Coaches Dennis Jackson and Bennie Machac congratulated the athletes for their hard work and solid effort.

Seventh grade results:
2400m run: Ricardo Vargas, 9:21:57, fourth; T. Marsalia, 10:14:55, seventh.

800m run: Johnny Slawinski, 3:03:50.
100 dash: Chad Kallina, 13:52; Sean Lopez, 13:85.
200m run: Kallina, 31:10; Matthew Milenz, 31:50.
400m run: Jay Knight, 64:44, sixth; David Rangel, 64:54; Milenz, 74:32.
1600m run: Vargas, 6:13:56; Marsalia, 6:28:10; Slawinski, 6:48:14.
110 hurdles: Barrett Thomas, 19:56, fourth.
300 hurdles: Thomas, 53:47.
400m relay: Rangel, Lopez, Kallina, Thomas, 54:02, third.
1600m relay: Knight, Lopez, Rangel, Vargas, 4:22:25, second.
Shot put: Milenz, 31'3"; Knight, 27'; Ralph Gertson, 26'2".
Discus: Knight, 80'2"; Lopez, 75'7"; Gertson, 69'9".
Long jump: Thomas, 15', sixth.
Triple jump: Thomas, 30'10"; Vargas, 30'5"; Slawinski, 25'5".

Eighth grade results:
2400m run: Juan Rodriguez, 8:42:10, second; Nicholas Teague, 8:43:32, third; Matt Jordan, 9:33:73, sixth.
1600m run: Teague, 5:21:87, first; Rodriguez, 5:49:41, fifth; Jordan, 5:49:47, sixth.
800m run: Rafael Rangel, 2:32:86, fourth; Horace Hodges, 2:33:67, fifth; Fulton Dromgoole, 2:46:90.
400m run: Charly LeBouef, 6:22; Dromgoole, 70:12.
300 hurdles: Hollis Shorter, 45:61, first.
200m run: Kendrick Pipkins, 26:92.
100 dash: Pipkins, 12:20, fifth.
400m relay: Shorter, Rangel, Pipkins, Jarmarcus Brooks, 51:35, sixth.
1600m relay: Rangel, Hodges, Shorter, Teague, 4:18:50, fourth.
Shot put: Pipkins, 35'9".
Discus: Pipkins, 87'2".
High jump: Shorter, 5'2", fourth; LeBouef, 5'; Brooks, 5'.
Long jump: Shorter, 15'8"; Brooks, 13'.
Triple jump: Rangel, 35'9", sixth; Brooks, 29'6".

The junior high track season ends as golf competition and tennis begin. The district golf meet for both middle school boys and girls is scheduled May 16. The boys will compete in Hallettsville while the girls' tournament will be held at Rice.

Girls' basketball camps planned in Victoria

The 1994 Stingarette Girls' Basketball Camps are scheduled for June 12-16 at Victoria High School. There will be separate camp sessions for junior high and high school players.

The fundamental camp for seventh through ninth grade girls will be directed by Jan Lahodny. She has coached three state championship teams and seven state runner-up teams and also written three books on basketball.

Lahodny will be assisted by Amanda Aguilar, Stingarette varsity assistant coach; Rene Howell, Stingarette junior varsity coach; Shelly Drum, Stingarette freshman coach and Cynthia Harris, Howell Junior High coach and former Stingarette varsity player.

The camp for 10th through 12th grade girls will be directed by Sherry Hauglum, a former Lady Longhorn and high school all-American for Victoria High School. She is assistant coach for the state finalist Pflugerville Pantherettes.

Her camp staff includes Jan West, former Stingarette and head coach at Zavala High; Laura Zouzalik, coach at Austin Lanier and now at Leander High; Sandra Bennett, former all-state player from Louisiana and coach for Eanes School District; Sandra Jimenez, former Stingarette coach now taking the Bloomington Ladycats to state; and Debbie Brownson, ex-Stingarette coach with Jimenez at Bloomington.

Each girl at the fundamental basketball camp will receive individualized instruction, camp t-shirts and basketball, participation awards, individual competition with awards, equal playing time and age-ability grouping for instruction and competition.

The senior high campers will also have social activities including Sunday night dessert social, Monday movie and Tuesday swim party.

The fundamental camps will be Sunday, June 12, through Thursday, June 16.

Registration fee is \$65 and an additional \$135 for room and board at the Holiday Inn.

Deadline for registration is May 20. The enrollment is limited to 100 campers in each age group.

For registration contact the Rice Athletic Department or write to Amanda Aguilar, Stingarette Basketball Camp, 1110 Sam Houston Dr., Victoria, TX 77901 or call 512-575-7451.

Coaches wishing to participate in the shooting demonstrations should bring their own ball and wear tennis shoes.

Registration is \$20 before April 18 and \$25 at the door. Registration should be mailed to Jan Lahodny, Victoria High School, 1110 Sam Houston Dr., Victoria, TX 77901.

Did You Know... The world's largest dome is the Louisiana Superdome in New Orleans, which has a diameter of 680 feet.

Runners invited to Great Strides Run/Walk

The Cystic Fibrosis Foundation, the Wharton Recreation Dept. and Runner's World are sponsoring the

Great Strides 5K Run/Walk on May 7. The starting line for the run is at Riverfront Park in downtown Wharton.

The race begins at 8 a.m. The first 150 participants will be given t-shirts and awards will be made in several age divisions.

Door prizes will also be given away following the race.

For additional information about the event and for entry call Ed Vander Sucken at 409-532-4811 ext. 708.

Coaches basketball clinic set for Victoria

A Coaches Basketball Participation Clinic is set at Victoria High School on Saturday, April 23.

Dale Blaut from Amarillo High School, which had the 1993 and 94 girls' 5A state championship teams, will conduct a four hour clinic at the school. Registration at the door begins at 8 a.m. with the clinic starting at 9 a.m.

Ex-player demonstrations will include shooting techniques and drills; drills and skills for running primary, secondary fast break and quick offense; five-on-five offense and defense; and a question and answer session.

Coaches wishing to participate in the shooting demonstrations should bring their own ball and wear tennis shoes.

Registration is \$20 before April 18 and \$25 at the door. Registration should be mailed to Jan Lahodny, Victoria High School, 1110 Sam Houston Dr., Victoria, TX 77901.

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Buddie Randow, First Class Petty Officer; Staff Sergeant Marion Carter; Pfc. Logan Heck; Duane Clifford Sheridan, MMS 3c; Pvt. Lee Tise; Cpl. Lee H. Krenke; and Navyman Daniel Hrachovy...

Tires and sugar remain as the only items still being rationed... A.J. Kremelings of Garwood have interesting trip to Oklahoma City... Major & Mrs. Jack C. White announce the arrival of a son...

A.H. Wares welcome the arrival of a son... Flight Officer Jimmy Thomas, son of Mr. & Mrs. Griff Thomas, was awarded the Air Medal for service as a transport pilot in the India-China Division... Elmo Sens accepted position with Home Appliances...

Mary Kathryn Alley, student at Southwestern, was slightly injured in a car accident... Army Chaplain Merritt Lawson visits relatives in the Garwood area...

Rev. J.W. Griffin brings a Thanksgiving message at the Union Service in the Presbyterian Church... Pupils' mothers met at Little School to plan the Christmas play. Present were Mrs. Harold Thomas, Mrs. Robert Cook, Mrs. Victor Richter, Mrs. Rudolph Herman, Mrs. Clippson, Mrs. Waldo Townley, Mrs. Ed. Causey, Mrs. Harland Bell and Mrs. V.R. Corman.

At 5:06 p.m. Sgt. Lattimore responded to a report of a welfare concern and possible missing person on County Rd. 210 south of County Rd. 211.

Sgt. Lattimore received a report of a missing person on County Rd. 210 at 5:39 p.m. and at 5:59 p.m. he recovered a stolen vehicle on FM 102 about a mile south to IH-10.

Deputy Troy Neisner received a call at 8:29 p.m. reporting an accident involving a deer on Hwy. 71.

At 10:05 p.m., Neisner and Peters investigated a report of a suspicious person in Alleyton. A subject was arrested for public intoxication.

Friday, April 8 at 2:45 a.m., Deputy Neisner assisted DPS with an accident on Weishuhn Rd.

Deputy Peters served warrants on a subject at the E-Mart in Columbus at 3:22 a.m. The subject was arrested.

At 11:55 a.m., Lt. Wied investigated a suspicious vehicle in Forest Oaks. Deputy Miller checked on a train blocking the crossing on County Rd. 210 at the same time.

At 6:43 p.m. Sgt. Lattimore and Deputy Busby responded to a disturbance report at 7:37 p.m. in Frelsburg past Heinsohn's Store.

Saturday, April 9, at 12:22 a.m., Deputies Neisner and Busby with Weimar Police Officers Blaha and Ulbrich assisted at an accident on IH-10 westbound at the 682 mile marker which involved a pedestrian.

Deputy Peters responded to a call at 12:33 a.m. involving a car fire on Hwy. 71 a half mile north of County Rd. 101.

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